E-ARTICLE

Plumage Balances Camouflage and Thermoregulation in Horned Larks (*Eremophila alpestris*)

Nicholas A. Mason,[1,2,*] **Eric A. Riddell,**[1,3] **Faye G. Romero,**[1,4] **Carla Cicero,**[1] **and Rauri C. K. Bowie**[1,5]

1. Museum of Vertebrate Zoology, University of California, Berkeley, California 94720;   2. Museum of Natural Science and Department of Biological Sciences, Louisiana State University, Baton Rouge, Louisiana 70803;   3. Department of Ecology, Evolution, and Organismal Biology, Iowa State University, Ames, Iowa 50011;   4. Department of Biology, University of Rochester, Rochester, New York 14620;   5. Department of Integrative Biology, University of California, Berkeley, California 94720

ABSTRACT: Animal coloration serves many biological functions and must therefore balance potentially competing selective pressures. For example, many animals have camouflage in which coloration matches the visual background that predators scan for prey. However, different colors reflect different amounts of solar radiation and may therefore have thermoregulatory implications as well. In this study, we examined geographic variation in dorsal patterning, coloration, and solar reflectance among horned larks (*Eremophila alpestris*) of the western United States. We found that plumage brightness was positively associated with soil granularity, aridity, and temperature. Plumage redness—both in terms of saturation (i.e., chroma) and hue—was positively associated with soil redness and temperature, while plumage patterning was positively associated with soil granularity. Together, these plumage-environment associations support both background matching and Gloger's rule, a widespread ecogeographic pattern in animal coloration. We also constructed thermoregulatory models that estimated cooling benefits provided by solar reflectance profiles of the dorsal plumage of each specimen based on the collection site. We found increased cooling benefits in hotter, more arid environments. Finally, cooling benefits were positively associated with residual brightness, such that individuals that were brighter than expected based on environmental conditions also had higher cooling benefits, suggesting a trade-off between camouflage and thermoregulation. Together, these data suggest that natural selection has balanced camouflage and thermoregulation in horned larks, and they illustrate how multiple competing evolutionary pressures may interact to shape geographic variation in adaptive phenotypes.

Keywords: Alaudidae, background matching, crypsis, ecogeographic rules, near infrared, physiology.

* Corresponding author; email: mason@lsu.edu.
   ORCIDs: Mason, https://orcid.org/0000-0002-5266-463X; Riddell, https://orcid.org/0000-0002-4229-4911; Romero, https://orcid.org/0000-0002-5415-1539; Cicero, https://orcid.org/0000-0002-6282-2339; Bowie, https://orcid.org/0000-0001-8328-6021.

Introduction

Animal colors and patterns constitute complex phenotypes that are shaped by a wide array of biotic and abiotic processes (Burtt 1981; Vo et al. 2011; Cuthill et al. 2017; Mason and Bowie 2020). For example, some species have bright colors involved in sexual selection via mate choice (Andersson and Simmons 2006; Shultz and Burns 2017), whereas others have cryptic colors and patterns driven by natural selection to avoid visual detection by predators (Cott 1944; Endler 1978). Integumentary features such as hair, scales, and plumage have important roles as a visual modality for signaling or camouflage, but they are also involved in maintaining thermal homeostasis in different environments due to differences in the reflectance of light wavelengths from solar radiation (Walsberg 1983; Wolf and Walsberg 2000; Rogalla et al. 2022). Thus, animal coloration and patterning must balance multiple selective pressures that may conflict or act synergistically to produce multifunctional phenotypes that vary among species and populations across environments (Caro 2017). Among the wide array of biological processes affecting animal colors, camouflage and thermoregulation often have a particularly strong influence on coloration because of their direct impact on survival (Stuart-Fox and Moussalli 2009; Caro and Koneru 2021).

Camouflage includes a suite of physical and behavioral attributes that deter visual detection by predators and is prevalent among various animal lineages, including arthropods (Farkas et al. 2013; Stevens et al. 2014) and vertebrates (Rosenblum et al. 2010; Isaac and Gregory 2013; Boratyński et al. 2017). Also known as background matching, camouflage favors phenotypes that resemble a random sample of brightness, color, and patterning of the visual background

against which predators actively scan for prey (Endler 1978; Merilaita et al. 1999; Michalis et al. 2017). Thermoregulation is also closely tied to coloration (Walsberg 1983) and sometimes favors phenotypes that either conflict with background matching (Smith et al. 2016) or that simultaneously enable thermoregulation and camouflage (Wacker et al. 2016; Gunderson et al. 2022). Many species conform to Gloger's rule, a widespread ecogeographic pattern that ascribes lighter colors to warmer, more arid environments and darker colors to colder and wetter environments (Gloger 1833; Gaston et al. 2008; Marcondes et al. 2021). A complex version of Gloger's rule expands this framework to predict more rufous color (typically produced by increased pheomelanin) in more arid environments (Delhey 2019; Marcondes et al. 2020). Recent empirical evidence in support of Gloger's rule has come from a wide variety of taxa, including various bird lineages (Delhey et al. 2019), primates (Caro et al. 2021), pigs (Newell et al. 2021), and even mushrooms (Krah et al. 2019)—albeit with nuanced associations in certain animal lineages (Marcondes and Brumfield 2020; Marcondes et al. 2021). The patterns underlying Gloger's rule are thought to be the product of multiple adaptive processes, including camouflage and thermoregulation (Burtt 2004; Delhey et al. 2019).

Plumage reflects light that includes wavelengths within the visual range of birds (UV-VIS: 300–700 nm) as well as near-infrared wavelengths (NIR: 700–2,600 nm), both of which serve important roles in light and heat absorptance (Stuart-Fox et al. 2017). Within the visual spectrum, darker feathers tend to absorb more light and heat than lighter feathers (Porter and Gates 1969), but the physical properties of feathers and the ability of incident light to travel through or become captured by feather pigments and microstructures also impact the transfer of solar radiation from the sun to a bird (Walsberg 1988; Wolf and Walsberg 2000; Stuart-Fox et al. 2018; Rogalla et al. 2022). Because NIR wavelengths are not perceived by predators, reflectance at those wavelengths is not related to camouflage but may still play an important thermoregulatory role (Stuart-Fox et al. 2017; Medina et al. 2018).

Despite the prevalence of camouflage among animals, the majority of studies to date of background matching have focused on a small number of systems, such as peppered moths (Van't Hof et al. 2011; Cook and Saccheri 2013), pocket mice (Nachman et al. 2003; Linnen et al. 2009), White Sands lizards (Rosenblum et al. 2010; Laurent et al. 2016), and a few ground-nesting birds (Troscianko et al. 2016; Stevens et al. 2017). Most camouflage systems that have been studied empirically to date involve discrete phenotypic variants that occupy visually distinct environments (e.g., tawny owls; Koskenpato et al. 2020). In comparison, continuous variation in background matching across environmental gradients has received far less attention (Stevens and

Merilaita 2009; Caro et al. 2016). Furthermore, studies that simultaneously examine camouflage and thermoregulation remain scarce, especially among endotherms such as birds. Finally, the dynamics of whole-spectrum (i.e., UV-VIS-NIR) solar reflectance of epidermal surfaces and integuments in mediating relationships between camouflage and thermoregulation remains largely unexplored (but see Stuart-Fox et al. 2017; Medina et al. 2018).

To address these knowledge gaps, we examined associations between plumage reflectance and patterning, soil color and composition, and thermoregulatory models among geographically variable populations of a widespread songbird, the horned lark (*Eremophila alpestris*). Horned larks occupy a variety of open habitats including deserts, fallow agricultural land, tundra, and grasslands (Beason 1995; Mason et al. 2021; Shakya et al. 2022), where they build nests and glean seeds and insects on the ground (Wiens and Rotenberry 1979; de Zwaan and Martin 2018). Because of their preference for open habitats with sparse vegetation, larks are thought to rely on substrate matching to avoid avian predators (Donald et al. 2017). Although camouflage in horned larks has been discussed anecdotally (Zink and Remsen 1986; Mason and Unitt 2018), associations between phenotypic and environmental variation have not yet been quantified rigorously. Larks also exhibit various physiological adaptations to aridity gradients (Tieleman et al. 2003*a*, 2003*b*), making them an excellent system to study interactions between camouflage and thermoregulation. If larks exhibit background matching, we predict that plumage brightness, color, and patterning will be associated with variation in soil conditions to minimize visual detection. Furthermore, if plumage also plays a thermoregulatory role, we predict that birds from hotter and more arid environments will reflect more solar radiation in order to lower water requirements for evaporative cooling. Finally, if a trade-off or balance between camouflage and thermoregulation exists, we expect that there may be deviations from "optimal" camouflage or thermoregulation phenotypes in certain environments. For example, larks in the hottest environments may have brighter than expected plumage, which would facilitate thermoregulation at the cost of less effective camouflage. Alternatively, larks in habitats where camouflage is particularly important may have solar reflectance patterns that deviate from what may be optimal for thermoregulatory performance.

To test these predictions, we combined digital photography, color and plumage pattern quantification, full-spectrum (UV, visual, NIR) spectroradiometry of museum specimens, remote sensing data, and simulation-based thermoregulatory models of heat flux to examine phenotype-environment associations between plumage coloration and patterning, soil conditions, and climate. This approach allows us to disentangle the effects of camouflage and

thermoregulation in driving the evolution and ecology of horned lark coloration. More broadly, it illustrates how we can understand limits on the adaptive potential of certain traits such as coloration. For example, warmer climates might select for more reflective feathers at a cost to background matching. Likewise, habitat alterations might select for darker feathers that impose greater physiological stress under warming climates. Thus, one selective pressure might have detrimental effects relative to another in the evolution of adaptive phenotypes. Only by integrating both background matching and thermoregulatory performance can we understand the evolutionary responses to these different and potentially competing selective pressures.

Methods

Digital Photography and Image Analysis

We photographed the dorsal side of 270 horned lark specimens from the Museum of Vertebrate Zoology (MVZ) at the University of California, Berkeley (table S1), using a Nikon D7000 camera modified for full-quartz calibration (Advanced Camera Services, Watton, Norfolk, England). We measured up to 10 males and 10 females of 17 different subspecies in the western United States and Mexico (figs. 1, S1), preferentially selecting specimens from breeding months (May–August) and with undamaged plumage. Individuals were assigned to subspecies in the collection on the basis of a combination of expert opinion by the original collector
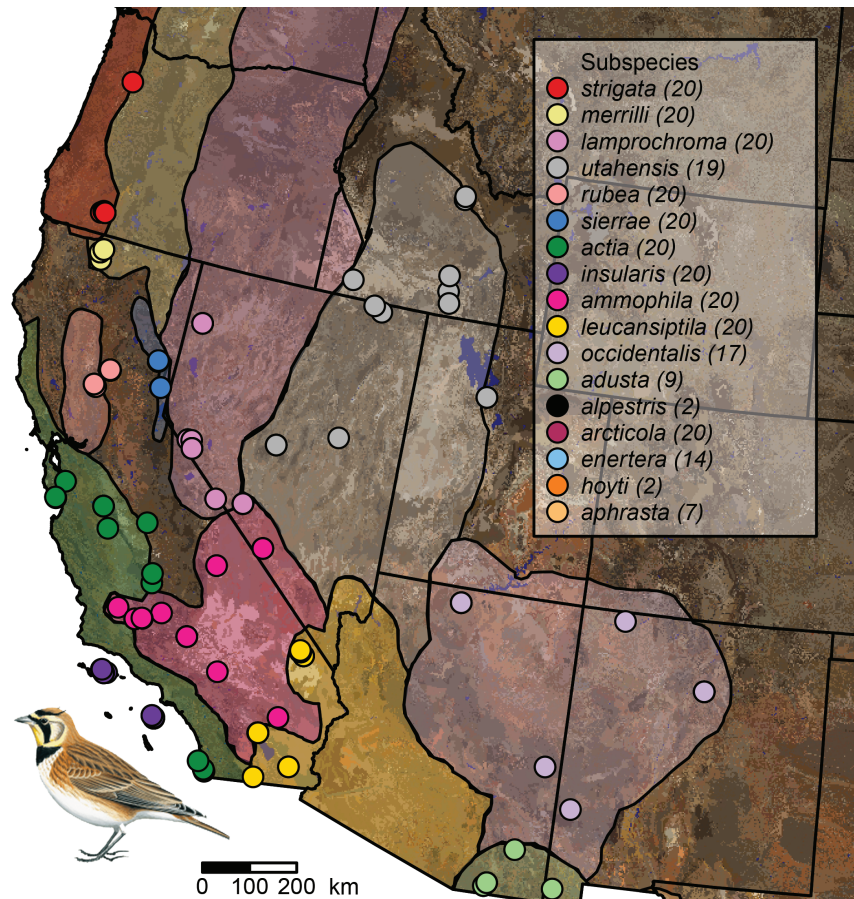

Figure 1: Sampling map showing localities of vouchered horned lark (*Eremophila alpestris*) specimens. Soil color is based on US Department of Agriculture soil surveys. The approximate range of each subspecies is shown in a different color based on Behle (1942) and museum records. Some circles may represent more than one individual sampled from the same locality. The number of samples per subspecies is given next to the subspecies in the legend (*top right*). Distributions and samples of certain subspecies (*alpestris*, *arcticola*, *enertera*, *hoyti*, *aphrasta*) are not shown because we focused on the geographic area where soil color data are available in the contiguous United States (see fig. S1 for complete sampling).

or museum curator and comparison with descriptions and series of the subspecies and populations in question. We note that the majority of the populations considered in this study are resident and stay largely in the same geographic region throughout their annual cycle. However, some populations are migratory and move across latitudes or altitudes during their annual cycle (Behle 1942; Beason 1995). For migratory populations, we measured specimens only from their breeding distributions.

We used a Novoflex Noflexar 30-mm f/3.5 lens, which does not filter out UV wavelengths and is therefore suitable for measuring plumage reflectance under an avian visual model. We took two RAW images of each specimen at ISO200: one image used a Baader Venus-U filter, which captures wavelengths between ~320 and 380 nm, and a second image used a Baader UV/IR cut filter, which captures wavelengths between ~400 and 680 nm. Each image included a ruler at a height equal to the top of the specimen when photographing its dorsal side with 5% and 80% reflectance standards (Labsphere, Hutton, NH). We automatically aligned and linearized images using the Image Calibration Analysis Toolbox (Troscianko and Stevens 2015), which provides a set of plug-ins for ImageJ (Schneider et al. 2012), and manually drew polygons corresponding to the dorsal region of each specimen in ImageJ (fig. S2).

After processing each image and delimiting the dorsal region of interest, we converted the channel readings for the UV and visual images to the cone-catch values of a peafowl visual model, which is a "violet-sensitive" model that approximates the spectral sensitivities of foraging raptors (Martin and Osorio 2008; Lind et al. 2013). We selected this model because raptors such as falcons and hawks are the most likely predator of horned larks and the potential receiver against which larks are trying to avoid visual detection (Smith and Murphy 1973; Marti and Braun 1975). We then converted these cone-catch values into tetracolorspace measurements (Vorobyev et al. 1998; sensu Stoddard and Prum 2008) of hue and achieved chroma using the package pavo (ver. 2.2.0; Maia et al. 2013, 2019) in the R programing environment (R Core Team 2021). Hue includes two angular measurements, θ and ϕ, which together describe the location of the plumage patch in tetracolorspace. Achieved chroma (also referred to as saturation) is the distance of a plumage patch from the achromatic center in tetracolorspace. We also measured achromatic brightness (i.e., total reflectance or luminosity across all wavelengths) and calculated an index of patterning via fast Fourier transform (FFT) band-pass filters at 49 levels (beginning at two pixels and increasing exponentially by $\sqrt[8]{2}$ to 128). FFTs are widely applied in digital image analysis (Stoddard and Osorio 2019) and can be used to quantify animal patterns based on neurophysiological processing of spatial patterns (Godfrey et al. 1987; Stoddard and Stevens 2010; Troscianko et al. 2016; Mason

and Bowie 2020). In this process, an image is converted into a set of sine waves that each have a different frequency and amplitude. The amplitude or power of each wave indicates how much patterning (i.e., change between light and dark pixels) occurs at a specific spatial scale. Thus, images with high power across FFT bandwidths display more patterning (e.g., the dorsal spots on some larks), whereas images with lower power are more uniformly colored. Summing these values across frequencies provides a measure of "total power" for the plumage pattern.

We also performed a principal component analysis (PCA) on all of the coloration metrics—brightness, hue (θ and ϕ), achieved chroma, and dorsal patterning (total power)—to summarize plumage variation among the sampled larks. We found that the first principal component axis loaded positively with brightness and achieved chroma, whereas the second principal component axis loaded positively with brightness and patterning but negatively with redness (table S2).

Measuring Full-Spectrum Solar Reflectance

We measured solar reflectance of the horned lark specimens described above using recently published methods for estimating heat stress in birds (Riddell et al. 2019). For each specimen, we measured dorsal and ventral feather reflectance from 350 to 2,500 nm using a FieldSpec Pro spectroradiometer (ASD, Longmont, CO) and standardized each measurement relative to a Spectralon white standard before recording our measurements. We used a custom-built tungsten halogen light source to measure feather reflectance 2 cm from the feather surface, with a 45° angle between the light source and fiber optic cable. This light source was built using an AC-to-DC voltage converter to inhibit interference from an alternating source of electrical current. To standardize the angle and distance, we used an RPH-1 reflection probe holder (Ocean Optics, Largo, FL). We also used the reflection probe to standardize the surface area of each measurement. The combination of 10 measurements per specimen (see below) and the diameter of the probe opening (6.35 mm) ensured that we captured the average solar reflectance of the dorsal and ventral side for each specimen.

We used ViewSpec software (ASD) to measure solar reflectance by recording 10 measurements (five dorsal and five ventral) for each of the 270 specimens. On both the dorsal side and the ventral side, we recorded one measurement from the crown or neck and four measurements spread across the breast or mantle for a total of 2,700 measurements. We then used a custom script in Python (ver. 3.5; https://github.com/mason-lab/HornedLarkCamoThermo) to average these values for each individual and corrected the reflectance curves for solar radiation using the ASTM G-172

standard irradiance spectrum for dry air provided by SMARTs (ver. 2.9; Gueymard 2001). We calculated the corrected value by multiplying the intensity of solar radiation by the empirical reflectance, integrating across all of the wavelengths, and dividing by the total intensity of solar radiation (Gates 1980).

Environmental Data

We compiled two different soil data sets to examine associations between horned lark dorsal plumage and soil conditions. First, we downloaded a soil color data set based on an extensive series of US Department of Agriculture soil surveys of the contiguous United States, with values that had been converted from Munsell color charts to RGB color space at a resolution of 200 m (Beaudette et al. 2013). We extracted soil condition data corresponding to georeferenced localities of each lark specimen obtained from the MVZ database Arctos (https://arctos.database .museum). To account for uncertainty in the reported coordinates of georeferenced localities for the vouchered specimens (average = 8.9 ± 17.6 km [SD]), we extracted values for 50 points randomly generated within a 5-km radius of each coordinate. We then took the average of those 50 samples for each vouchered specimen and each raster for downstream analyses. Next, we extracted their respective soil values and performed a PCA to include in downstream analyses of soil color. The first principal component axis loaded strongly with all three channels corresponding to soil brightness. The second principal component axis loaded positively with the red channel but negatively with blue and green (table S3) and therefore corresponded to soil redness. In this manner, we obtained soil color data associated with the site of collection for 224 of our horned lark specimens. Because this soil color data set is limited to the continental United States, we were unable to include 46 individuals from populations in Alaska, Canada, and Mexico in this part of our study.

We also downloaded harmonized soil property data for the top 5 cm of soil depth at a 30″ resolution (approximately 1 km) from the WISE30Sec database (Batjes 2016). WISE30Sec data have been used widely to study soil biogeochemistry for quantifying global carbon stocks (Sanderman et al. 2017). Although this data set has not been applied broadly to organismal biology, it provides ecologically relevant information on clay abundance, proportion of coarse fragments, and other soil properties relevant to terrestrial organisms such as horned larks, which prefer open areas with little to no vegetation (Wiens et al. 1987). To generate an index of soil surface granularity, we extracted the volume percentage of coarse fragments (>2 mm) and the mass percentages of sand, silt, and clay.

We then performed a PCA for use in subsequent analyses and found that the first principal component axis loaded positively with coarse fragments and sand and negatively with silt and clay (table S4).

To examine associations between climate and plumage, we also downloaded all 19 WorldClim bioclimatic variables (https://worldclim.org; Hijmans et al. 2005) at a resolution of 30″ (approximately 1 km) to examine associations with dorsal plumage and to construct models of cooling costs. We conducted a PCA for downstream analyses in which the first principal component axis loaded positively with seasonality, the second principal component axis loaded positively with aridity, and the third principal component axis loaded positively with temperature (table S5).

Statistical Analyses of Phenotype-Environment Associations

We performed a series of statistical analyses to examine associations between dorsal plumage and the environment. First, we summarized phenotypic variation among subspecies by plotting the first two PCA axes of plumage variation and noted clustering by subspecies and sex. We then compared mean values by first performing an analysis of variance on the output of linear models, with subspecies as the grouping variable and with males and females separately. We subsequently used a Tukey's multiple comparison post hoc test (Steel et al. 1997) with the honestly significant difference test function from the agricolae package (ver. 1.3-3; de Mendiburu 2020) in R (ver. 4.1.1; R Core Team 2021) to assign subspecies to groups within each sex on the basis of their mean values and also look for differences between males and females across subspecies.

We constructed linear models in R (ver. 4.1.1; R Core Team 2021) to quantify phenotype-environment associations between plumage metrics and multiple main effects, including soil brightness (soil color PC1), soil redness (soil color PC2), soil granularity (soil granularity PC1), aridity (bioclim PC2), temperature (bioclim PC3), sex, and specimen age. Horned larks in the western United States exhibit little to no phylogeographic structure among most subspecies and populations (Mason et al. 2014); thus, we did not include any covariate of relatedness in our statistical analyses. We included sex because coloration and patterning can vary between male and female horned larks (Beason 1995). We also included specimen age because our specimens were collected over a large time span (1875–2002) and colors of specimens sometimes change as years pass since their initial collection (Armenta et al. 2008; Doucet and Hill 2009). We examined collinearity among our predictor variables by calculating correlation coefficients among each pair of main effects. The five plumage metrics that we examined as

response variables in our linear models included plumage brightness, achieved chroma, hue (θ), hue (ϕ), and dorsal patterning (power).

Heat Flux Simulations

We incorporated empirical measurements of solar-corrected feather reflectance into a heat flux model to estimate the thermoregulatory differences among larks across environmental conditions in the western United States. This model simulates heat balance using the morphological characteristics of each bird in a complex radiative and thermal environment. The simulation output produces estimates of net sensible heat flux (Q), which was calculated using

$$Q = M - E - C\frac{dT_b}{dt} = K_e(T_b - T_e), \qquad (1)$$

where M is the heat generated through metabolic processes, E is the heat lost through evaporative processes, C is the capacitance of the isothermal core, T_b is body temperature, K_e is the effective conductance, and T_e is the operative temperature. The net sensible heat flux equation estimates the heat flux required to maintain a stable body temperature given the morphology of the bird and its interaction with the environment.

The heat flux simulation uses biophysical principles to estimate heat flux between the birds and their environment. We used environmental data generated by NicheMapR (ver. 1.1.3; Kearney and Porter 2020) to estimate the thermal microclimate for horned larks. First, we obtained monthly minimum and maximum air temperatures from the World-Clim global climate database for the sites at which specimens had been collected (Fick and Hijmans 2017). We then corrected these temperatures using NicheMapR to reflect conditions relevant to larks, using a reference height of 5 cm above the ground because larks spend most of their time near the ground. We simulated heat flux assuming two types of soil environments: a xeric, desertlike environment (sand, soil reflectance = 0.35) and a more mesic environment (loam, soil reflectance = 0.15; Campbell and Norman 1998). These two environments represent the extremes of the thermal environment that horned larks inhabit in our study area. Assuming a more reflective soil (i.e., sand) in our simulations did not qualitatively alter our conclusions; therefore, we present our analyses assuming the loam soil. We then used these environments to assess the thermal consequences of variation in dorsal solar-corrected feather reflectance.

We incorporated morphological phenotypes that directly influence reflected solar radiation in several ways. Our goal was to isolate the importance of dorsal reflec-tance for thermoregulation. Thus, we assumed that each phenotype was equivalent among subspecies, with the exception of feather reflectance. In general, variation in recorded body mass among the specimens we examined was low (64 males = 30.2 ± 3.65 g [SD]; 70 females = 28.61 ± 3.66 g [SD]), suggesting that the differences in mass were unlikely to substantially influence thermoregulatory differences among subspecies. Thus, we used a mean body mass (29.5 g) for all subspecies in our simulations. This value was determined by Riddell et al. (2019) by searching for body mass measurements of horned larks in western North American using the VertNet data aggregator (https://vertnet.org; $n = 2,468$). The protocol in Riddell et al. (2019) removed data greater or less than two standard deviations from the mean body mass to remove values from juvenile birds erroneously labeled as adults and extreme outliers that likely reflect an error in measurement. Estimates of mass agree closely with previously published values for subspecies of horned larks (Behle 1942). Estimates of feather phenotypes were taken from Riddell et al. (2019) using three specimens that represented the average mass of a horned lark in our simulations, but here we briefly describe our methodology. We estimated plumage depth (sensu Kearney et al. 2016) by measuring the vertical distance from the skin to the outer surface of the feathers using a Fisherbrand 150-mm ruler at 10 locations that spanned the dorsal and ventral side of each specimen. We also measured the average length of contour feathers across six feathers per specimen spanning the dorsum and ventrum. To characterize the approximate shape of horned larks, we used measurements of the height, length, and width of each specimen. We measured length from the crown to vent, width from shoulder to shoulder, and height from the back of the dorsal side to the breast at the shoulder (Kearney et al. 2016). We then used these values to estimate the rough dimensions of a horned lark, assuming a spheroid shape (Porter and Kearney 2009). The dimensions of birds in nature are dependent on posture and thus are highly variable. By using the same dimensions for each subspecies, our analysis focuses on the thermoregulatory effects of reflectance and avoids possible noise due to specimen preparation and behavioral differences among subspecies.

The simulations estimate heat flux by integrating morphological phenotypes with environmental biophysics and behavior. Estimating heat flux in endotherms is complicated by properties of the insulation layer. We addressed these issues by integrating a series of equations involved in a two-dimensional heat transfer model to estimate the flux from the dorsal and ventral components of a bird (Bakken 1981). This model calculates the total amount of heat absorbed or lost from the environment and converts the amount of energy into the physiological response that would be necessary to maintain a stable body temperature (39°C in

our simulations). These values represent the amount of heat that needs to be generated via metabolic heat production or lost via evaporative cooling to regulate body temperature. We incorporated different sources of heat, including air temperature, direct solar radiation, diffuse solar radiation, reflected radiation from the ground and sky, and longwave radiation from the sky and ground. For our simulations, we assumed a wind speed of 0.1 m/s, which likely reflects near-ground convective conditions (Gates 1980). The specific calculations for these simulations can be found in Riddell et al. (2019), and the Python script can be found on GitHub (https://github.com/ecophysiology/Endoscape).

We used these simulations to isolate the thermoregulatory consequences of geographic variation in dorsal feather absorptance, where absorptance is the reciprocal of reflectance. We were specifically interested in estimating the water requirements for evaporative cooling (termed "cooling costs") because these costs are highly relevant to the environmental pressures shaping physiological adaptation in horned larks (Tieleman et al. 2003a). We estimated cooling costs across all sites with available climate and elevational data ($n = 70$). For all sites, we generated estimates of cooling costs using two simulations: one with the solar-corrected average dorsal absorptance across all sites (average = 0.74), and the other incorporating the solar-corrected, site-specific dorsal absorptance (range = 0.65–0.80). Ventral feather absorptance was held constant (average across all specimens = 0.60) to specifically focus on the role of dorsal feather absorptance in camouflage and thermoregulation. For each site, we subtracted the cooling costs between the two simulations. The difference (termed "cooling benefit") provides an index for the site-specific reduction in thermoregulatory pressure driven by geographic variation in dorsal feather absorptance, where positive values indicate lower costs than average and negative values indicate higher costs than average.

We then fit exponential models from the nls() function in R (ver. 4.0.1; R Core Team 2021) to determine the relationship between the cooling benefits and the principal components of climatic variables. For climatic variables, we used the site-specific values that described seasonality (PC1), aridity (PC2), and temperature (PC3; see table S6 for loadings). Starting values for coefficients were generated using the nlsLM() function. We assessed the significance of the models on the basis of the regression coefficients and 95% confidence intervals. We generated 95% confidence intervals with a bootstrapping method using 1,000 samples with the replicate() function in R. We then used an Akaike information criterion model selection framework to determine whether models with the principal components of seasonality, aridity, or temperature were more likely to explain the variation in the reduction in cooling costs attributed to variation in feather absorptance.

Statistical Analyses of a Trade-Off between Camouflage and Thermoregulation

To test for a trade-off between camouflage and thermoregulation, we first extracted residual values from our full linear model with plumage brightness as a response variable and soil brightness, soil redness, soil granularity, sex, and years since collection as main effect predictor variables. Positive or negative residual values indicate individuals that are brighter or darker than expected based on environmental conditions. We then compared these values to cooling benefits for each individual, which were calculated using a method similar to the one for the cooling benefits analysis described above but from the perspective of individuals rather than sites. We ran two simulations: one in which we generated values for cooling costs for individuals at their collection location using the observed individual variation in solar-corrected absorptance, and another in which we used the average solar-corrected dorsal absorptance. We then calculated the difference in cooling costs between simulations with average and observed dorsal absorptance to generate an individual-level cooling benefit. We restricted the analysis to 203 specimens from sites with microclimatic data available (the remaining 67 specimens were from sites without these data). Higher values correspond to individuals that experienced higher cooling benefits than an individual with average absorptance, whereas lower values indicate individuals that experience higher thermoregulatory costs than an average individual. We then built a linear model with residual brightness as a response variable and cooling benefits as a predictor variable to test for a trade-off between camouflage and thermoregulation.

Results

Phenotypic Variation

Plumage characters varied among subspecies and sexes but also exhibited substantial overlap, as illustrated by the PCA of plumage characters (fig. 2A; see fig. S3 for convex hull polygons of subspecies and sex groupings). For example, *E. a. leucansiptila* of the Colorado Desert tended to have higher PC1 and PC2 scores, indicating that they were lighter and had more dorsal patterning compared with other subspecies. In parallel with PCA scores and loadings, we found that *E. a. leucansiptila* was in its own post hoc group for brightness for both males (fig. 2B) and females (fig. 2C). In contrast, *E. a. rubea* tended to be darker, more saturated, and more red than other subspecies. Further comparisons of mean values using Tukey's post hoc tests revealed various groupings among both male and female horned larks
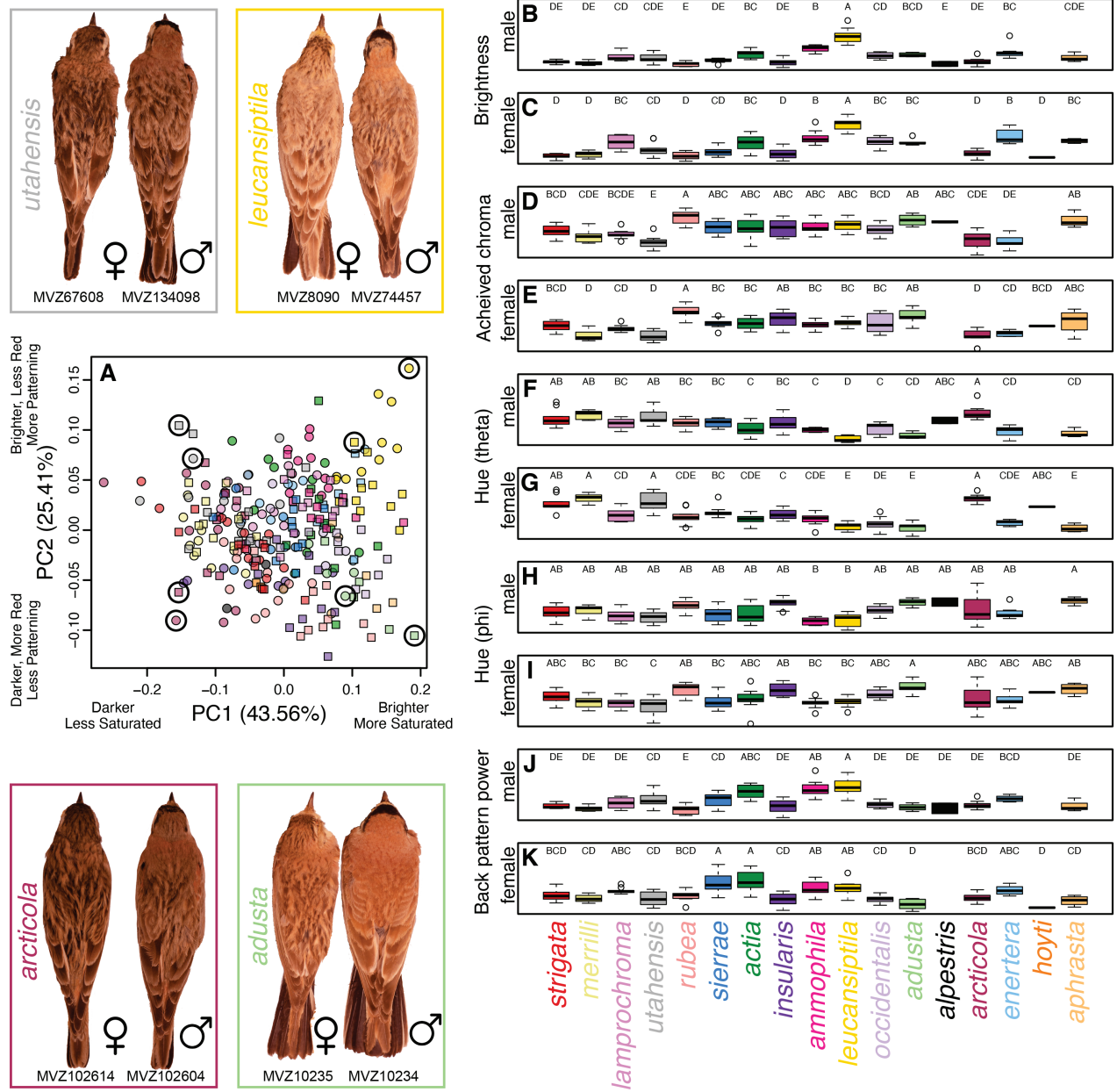
Figure 2: Variation in horned lark plumage. A principal component analysis (*A*) reveals some clustering but substantial overlap among subspecies (colors correspond to labels below the set of boxplots; *B–K*) and between sexes (males shown with squares, females shown with circles). *B–K* show boxplots of brightness, achieved chroma (saturation), hue (θ), hue (ϕ), and dorsal patterning for males and females. Letters above each boxplot correspond to Tukey's post hoc groupings. Subspecies are ordered to reflect approximate geographic distributions from northwest to southeast. Insets show vouchered specimens, including male and female horned larks of various subspecies corresponding to circled points in the scatterplot (*A*).

but also indicated substantial overlap or gradations in phenotypes among subspecies (fig. 2*B*–2*K*; figs. S4–S13). Geographically proximate subspecies often had overlapping plumage measurements. For example, the geographic distribution of *E. a. ammophila* overlaps with *E. a. actia* to the west in south-central California, and the two subspecies

exhibited substantial overlap in post hoc groupings. Similar overlap was present in other pairs of geographically proximate subspecies, such as *E. a. occidentalis* and *E. a. adusta*, which come into contact in southern Arizona. Overall, these results suggest substantial geographic variation in plumage coloration and patterning among horned larks across the

western United States but also suggest clinal change among many adjacent populations, as noted elsewhere (Behle 1942).

We also uncovered differences in mean values between males and females across all subspecies (fig. S14). Specifically, females had higher hue (θ) and dorsal patterning (power) values on average, while males had higher hue (ϕ) values on average.

Phenotype-Environment Associations

Using linear models, we found multiple associations between dorsal plumage variation and soil conditions, climatic variables, sexual dimorphism, and years since collection (fig. 3; table 1). These results support long-held postulates that horned larks exhibit strong phenotype-environment associations in coloration and patterning (Behle 1942). Specifically, we found that dorsal brightness was positively associated with soil granularity (fig. 3C), aridity (fig. 3D), and temperature (fig. 3E), while achieved chroma (saturation) was positively associated with soil redness (fig. 3F) and temperature (fig. 3J; table 1). Hue (θ) was negatively associated with soil redness (fig. 3L), soil granularity (fig. 3M), aridity (fig. 3N), temperature (fig. 3O), sex_{male} (fig. S14), and years since collection (fig. S15). The second component of hue (ϕ) was positively associated with soil redness, sex_{male}, and years since collection but was negatively associated with soil granularity (table 1). Finally, dorsal patterning was positively associated with soil granularity and negatively associated with sex_{male} (table 1).

The predictor variables included in our linear model were largely uncorrelated with each other (fig. S16), but the strongest correlations were a positive correlation between soil brightness and soil granularity ($r^2 = 0.55$) and between soil brightness and aridity ($r^2 = 0.53$). For all other pairwise correlations, $r^2 < 0.50$.

Heat Flux Simulations

The observed variation in feather absorptance improved cooling benefits compared with simulations with average feather absorptance. Of the 70 sites with available climate and elevational data, simulations with the observed variation in absorptance exhibited lower cooling costs relative to simulations with average absorptance for 31 sites (44.3%), higher cooling costs for 25 sites (35.7%), or no change for 14 sites (20%). For sites that benefitted from the reductions in feather absorptance, cooling costs declined by 13.9% on average (range = 0.7%–60.7%). The cooling benefits were also positively associated with temperature (PC2) and aridity (PC3) indices but not with seasonality (PC1; fig. 4; table S6). Although the reduction in cooling costs was associated with both temperature and aridity (table 2), model selection indicated that the model

with aridity outperformed models with temperature and seasonality (table S6).

Testing for a Trade-Off between Camouflage and Thermoregulation

We found that residuals of plumage brightness taken from our linear model—with soil brightness, soil redness, soil granularity, aridity, temperature, sex, and specimen age as main effects—was positively correlated with individual estimates of cooling benefits based on our thermoregulatory models ($\beta_{Cooling\ cost} = 0.035 \pm 0.011$; $t = 3.35$; $P = 9.96e{-}04$; fig. 5). In other words, some individuals were brighter than would be expected based on environmental conditions, and those individuals also had higher cooling benefits based on the solar absorptance of their plumage. Conversely, some individuals were darker than would be expected based on environmental conditions and had reduced cooling benefits.

Discussion

By combining data from digital photography, spectroradiometry, thermal modeling, and remote sensing, we documented multiple associations between dorsal plumage and environmental conditions of horned larks over a broad geographic distribution. These findings emphasize the multifarious role of feathers and animal coloration more generally. Although lark coloration has long been hypothesized to facilitate camouflage (Behle 1942; Donald et al. 2017; Mason and Unitt 2018), our study provides the first empirical evidence of phenotype-environment associations that underlie background matching in horned larks in brightness, hue, and patterning. The associations between color and climate that we uncovered largely followed Gloger's rule, although we found some slight differences from predicted trends. Furthermore, full-spectrum spectroradiometry combined with simulation-based models of thermoregulation revealed that geographic variation in feather reflectance reduces evaporative cooling costs in hotter and drier environments. While selective pressures imposed on total solar reflectance in feathers have just begun to be explored (Stuart-Fox et al. 2017; Medina et al. 2018), our findings suggest that the interaction between feathers and the full spectrum of sunlight (UV-VIS-NIR) play an important role in the thermal ecology of horned larks. Here, we discuss our findings in the context of each of these ideas in more detail.

Background Matching

Background matching by resembling a random sample of the substrate is one component of a suite of phenotypes that organisms have evolved to avoid visual detection by
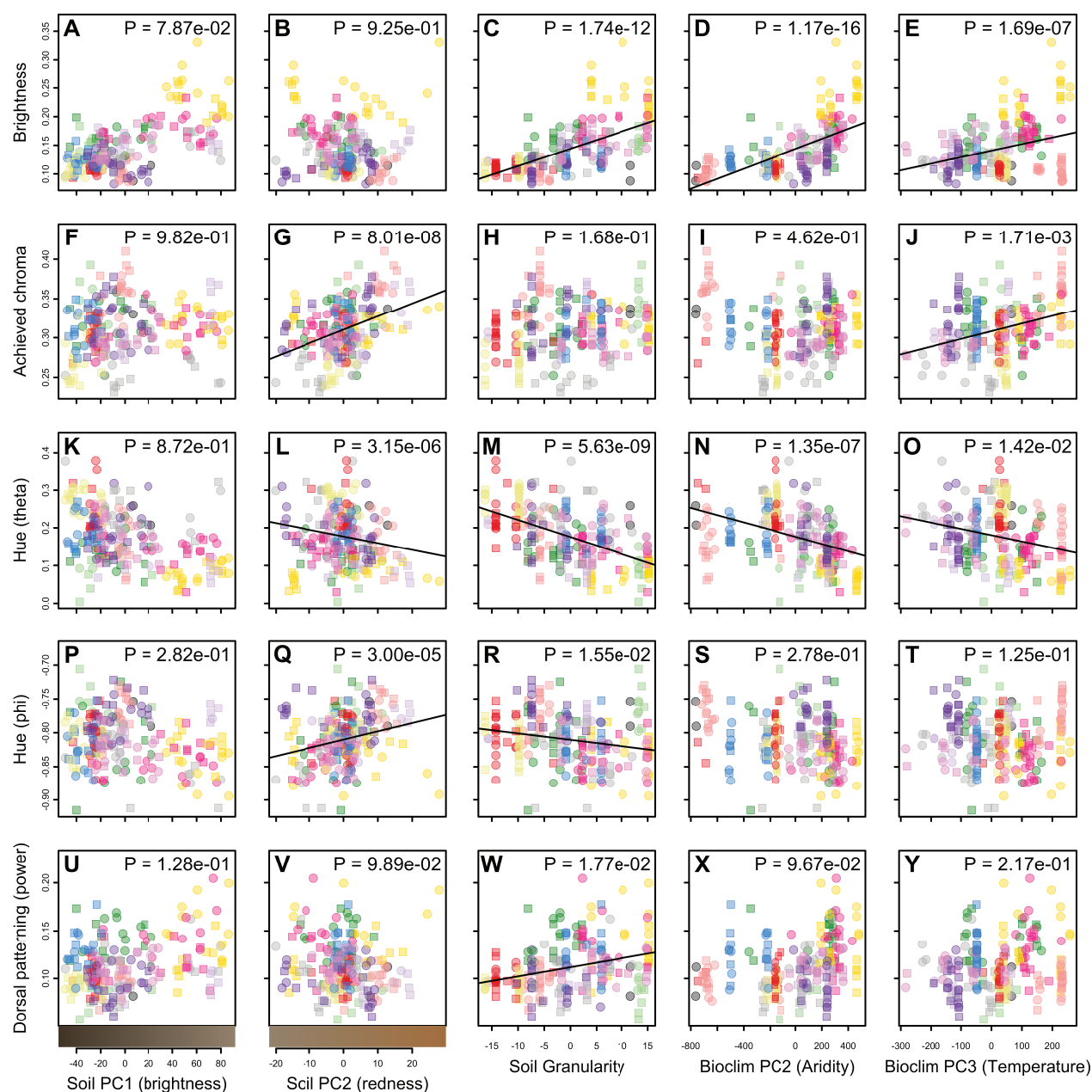
Figure 3: Phenotype-environment associations in the dorsal coloration and patterning of horned larks in the western United States. The color of each point corresponds to subspecies as in figure 1. Squares correspond to males, and circles correspond to females. The *P* value for the effect size of each variable from generalized linear models that include soil brightness, soil redness, soil granularity, aridity, temperature, sex, and specimen age as main effects is shown in the upper right-hand corner of each plot. A trend line for the relationship between the two variables is drawn when the effect size is significant ($P < .05$). Approximate soil color is shown below *U* and *V* that correspond to soil color PC1 (brightness) and soil color PC2 (redness).

predators (Merilaita and Lind 2005; Stevens and Merilaita 2009). We found various plumage-substrate associations underlying background matching in horned larks. The strongest association we found between plumage brightness and soil conditions was a positive association with soil

granularity (table 1; fig. 3*C*), while we did not find an association between plumage brightness and soil brightness in our full linear models (table 1; fig. 3*A*). Rather than a direct adaptive association between plumage brightness and soil granularity, we suspect that these statistical patterns reflect

Table 1: Linear model output for plumage-soil associations

Response variable, predictor variable	$\beta \pm SE$	t	P
Dorsal brightness:			
Intercept	4.95e−03 ± 2.67e+01	26.68	1.90e−70
Soil PC1 (brightness)	6.51e−05 ± 1.77e+00	1.77	7.87e−02
Soil PC2 (redness)	2.18e−04 ± −9.38e−02	−.09	9.25e−01
Soil granularity	2.33e−04 ± 7.49e+00	7.49	1.74e−12***
Bioclim PC2 (aridity)	6.76e−06 ± 9.00e+00	9	1.17e−16***
Bioclim PC3 (temperature)	1.66e−05 ± 5.41e+00	5.41	1.69e−07***
Sex$_{male}$	3.24e−03 ± 1.44e+00	1.44	1.53e−01
Years since collection	6.23e−05 ± 1.76e+00	1.76	7.98e−02
Achieved chroma:			
Intercept	6.03e−03 ± 4.94e+01	49.39	5.30e−120
Soil PC1 (brightness)	7.92e−05 ± −2.23e−02	−.02	9.82e−01
Soil PC2 (redness)	2.66e−04 ± 5.56e+00	5.56	8.01e−08***
Soil granularity	2.83e−04 ± 1.38e+00	1.38	1.68e−01
Bioclim PC2 (aridity)	8.23e−06 ± −7.37e−01	−.74	4.62e−01
Bioclim PC3 (temperature)	2.02e−05 ± 3.18e+00	3.18	1.71e−03**
Sex$_{male}$	3.94e−03 ± 3.39e−01	.34	7.35e−01
Years since collection	7.58e−05 ± 1.94e+00	1.94	5.36e−02
Hue (θ):			
Intercept	1.02e−02 ± 2.29e+01	22.92	7.08e−60
Soil PC1 (brightness)	1.34e−04 ± 1.62e−01	.16	8.72e−01
Soil PC2 (redness)	4.51e−04 ± −4.79e+00	−4.79	3.15e−06***
Soil granularity	4.81e−04 ± −6.07e+00	−6.07	5.63e−09***
Bioclim PC2 (aridity)	1.40e−05 ± −5.45e+00	−5.45	1.35e−07***
Bioclim PC3 (temperature)	3.43e−05 ± −2.47e+00	−2.47	1.42e−02*
Sex$_{male}$	6.69e−03 ± −6.84e+00	−6.84	8.11e−11***
Years since collection	1.29e−04 ± −3.70e+00	−3.7	2.76e−04***
Hue (ϕ):			
Intercept	7.09e−03 ± −1.18e+02	−117.68	1.47e−198
Soil PC1 (brightness)	9.31e−05 ± −1.08e+00	−1.08	2.82e−01
Soil PC2 (redness)	3.13e−04 ± 4.26e+00	4.26	3.00e−05***
Soil granularity	3.33e−04 ± −2.44e+00	−2.44	1.55e−02*
Bioclim PC2 (aridity)	9.67e−06 ± −1.09e+00	−1.09	2.78e−01
Bioclim PC3 (temperature)	2.38e−05 ± −1.54e+00	−1.54	1.25e−01
Sex$_{male}$	4.63e−03 ± 3.54e+00	3.54	4.89e−04***
Years since collection	8.91e−05 ± 2.46e+00	2.46	1.48e−02*
Dorsal patterning (power):			
Intercept	4.81e−03 ± 2.39e+01	23.94	8.10e−63
Soil PC1 (brightness)	6.31e−05 ± 1.53e+00	1.53	1.28e−01
Soil PC2 (redness)	2.12e−04 ± −1.66e+00	−1.66	9.89e−02
Soil granularity	2.26e−04 ± 2.39e+00	2.39	1.77e−02*
Bioclim PC2 (ariditiy)	6.56e−06 ± 1.67e+00	1.67	9.67e−02
Bioclim PC3 (temperature)	1.61e−05 ± 1.24e+00	1.24	2.17e−01
Sex$_{male}$	3.14e−03 ± −4.78e+00	−4.78	3.25e−06***
Years since collection	6.04e−05 ± 8.44e−01	.84	3.99e−01

Note: P values with asterisks indicate statistically significant terms, but significance is not shown for intercept terms. Plots of these data are shown in figure 2.

* $P < .05$.

** $P < .01$.

*** $P < .001$.

substantial collinearity between soil brightness and other environmental conditions (fig. S16). In fact, linear models that include soil brightness as the sole predictor of plumage brightness revealed a strong association between the two variables ($\beta_{Soil\ PC1} = 7.48e{-}04 \pm 6.10e{-}05$; $P = 8.82e{-}27$). We also found strong associations between plumage "redness"—both in terms of chroma and in terms of saturation and hue—and soil redness (table 1; fig. 3*G*, 3*L*, 3*Q*) in our full
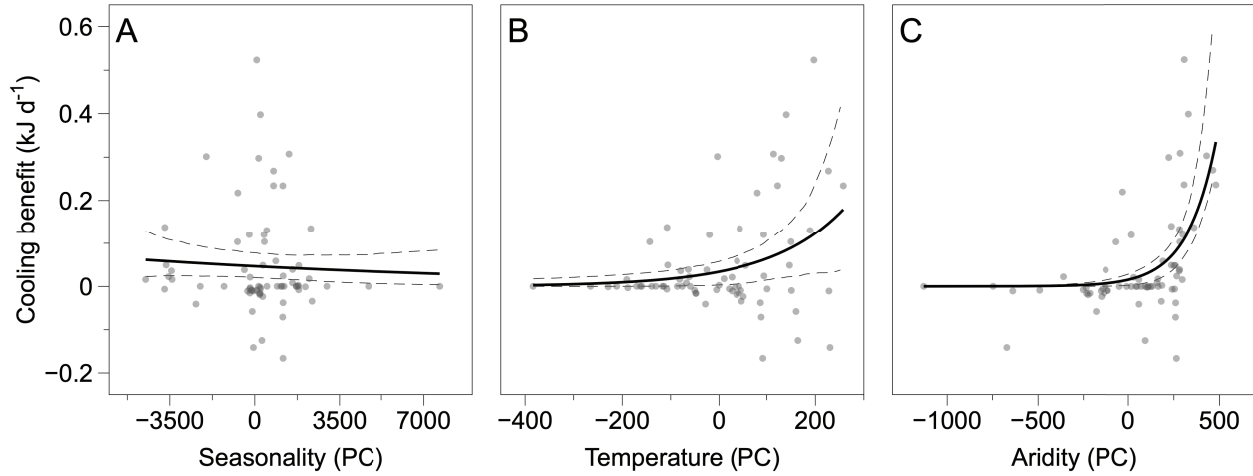
Figure 4: Variation in feather reflectance reduces thermoregulatory costs in hotter locations. Shown are the relationships between climatic principal components and the reduction in water requirements for evaporative cooling (termed cooling costs) due to variation in dorsal feather reflectance. The reduction in cooling costs was not associated with the principal component for seasonality (*A*) but was associated with aridity (*B*) and temperature (*C*). The analyses suggest that aridity and temperature are major drivers of variation in feather reflectance for thermoregulatory purposes. Exponential models are plotted with 95% confidence intervals (dashed lines).

linear models. Thus, in general we found that variation in dorsal brightness and hue in horned larks matched background substrates, as has been shown in mice (Vignieri et al. 2010), gerbils (Boratyński et al. 2017), moths (Kettlewell 1955), and other taxa (Stevens et al. 2014; Troscianko et al. 2016). To our knowledge, our study is the first to quantify both animal and substrate color to provide rigorous evidence in support of geographic variation in camouflage on a continental scale.

Background matching in horned larks also involves dorsal patterning, in which increased dorsal "mottling" with more high-contrast spots was associated with increases in sand and other coarse particles rather than with clay and silt (fig. 3*W*). There is less empirical evidence for background matching in pattern as opposed

Table 2: Nonlinear regression analyses for investigating the relationship between the reduction in cooling costs, temperature, and aridity

	a	*b*
Temperature model:		
Slope ± SE	.034 ± .016	.006 ± .003
t value	2.12	2.47
P value	.04	.02
Aridity model:		
Slope ± SE	.016 ± .008	.006 ± .001
t value	1.93	4.79
P value	.06	<.001

Note: Slopes and standard errors are presented and correspond to parameters in the exponential function $f(x) = a^{bx}$.

to brightness or color alone, but it has been reported in cuttlefish (Barbosa et al. 2008), nightjars (Troscianko et al. 2016), and plover eggs (Stevens et al. 2017). Beyond background matching, increased dorsal patterning in horned larks also may contribute to disruptive patterning that breaks up the visual outline of the bird as seen by predators from above (Cuthill et al. 2005). Disruptive patterning in larks may be associated with molt strategies that promote the retention of worn feathers with lighter edges that further obscure individuals from visual detection (Negro et al. 2019).

Plumage-Climate Associations: Unpacking Gloger's Rule

We uncovered strong associations between dorsal plumage and climate. In fact, the strongest association we found across all of our linear models was between dorsal brightness and aridity (table 1; fig. 3*D*), while dorsal brightness was also strongly associated with temperature (table 1; fig. 3*E*). These findings correspond with the predictions of the simple version of Gloger's rule, such that lighter-colored larks with less melanin overall (i.e., eumelanin and pheomelanin combined) were found in hotter, more arid environments (Gaston et al. 2008). We also found that plumage saturation or chroma was positively associated with temperature (table 1; fig. 3*J*), while redness (hue [θ]) was associated with both aridity (table 1; fig. 3*N*) and temperature (table 1; fig. 3*O*). These latter findings correspond to the complex version of Gloger's rule, which predicts more rufous or redder coloration
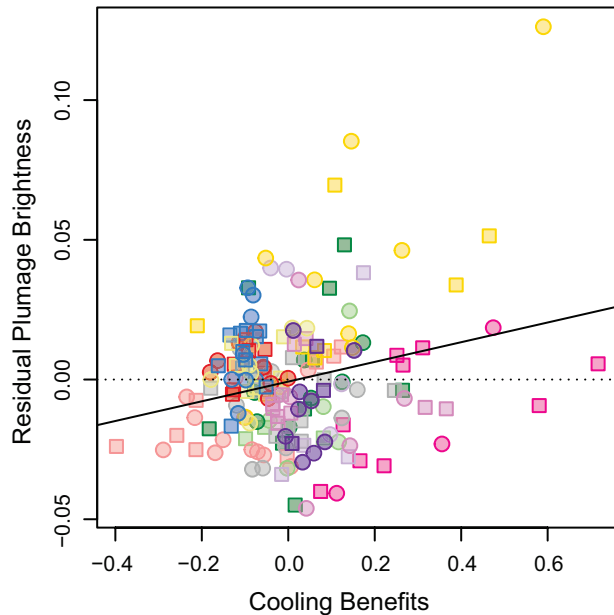
Figure 5: Scatterplot of residual brightness values from a linear model (which included soil brightness, soil redness, soil granularity, aridity, temperature, sex, and specimen age as main effects) and individual estimates of cooling benefits from our thermoregulatory models based on solar reflectance profiles. The dotted line is a residual value of zero, such that individuals above it are brighter than expected based on our linear model incorporating environmental conditions. The solid line shows the estimated trend line between the two plotted variables. Circles correspond to females, and squares correspond to males. Colors of each symbol correspond to subspecies as in figure 1.

produced by pheomelanin in hotter, more arid environments (Delhey 2019).

An emerging discussion in the literature involves unpacking Gloger's rule to better understand the biological phenomena driving widespread ecogeographic patterns in melanism (Delhey et al. 2019; Caro and Koneru 2021). For example, a recent study found that light environments can play an important role in shaping associations between coloration and climate (Marcondes et al. 2021). Horned larks exist across a wide variety of environments that differ in soil and climate conditions, but they are all open habitats with little to no vegetation or structure, suggesting that light environments play a negligible role in shaping lark coloration. In the case of our linear models of lark dorsal brightness, which corresponds to the total amount of melanin (eumelanin and pheomelanin combined), climate had a stronger association than soil conditions overall. However, soil color, soil composition, and climate are inextricably linked: organic matter, mineral content, microorganisms, water, and air all interact to produce soil color via pedogenesis, and they are in turn related to temperature, humidity, and seasonality (Owens and Rutledge 2005). This inter-

dependency makes determining the relative impacts of soil conditions (i.e., background matching) and climate (i.e., thermoregulation) on lark plumage melanin content and coloration difficult to disentangle. Our study suggests that both background matching via soil conditions and thermoregulation via climate contribute to the ecogeographic patterns observed in horned lark coloration as well as similar patterns in other taxa (Delhey 2019).

Thermoregulatory Models

Our thermoregulatory models found that cooling benefits estimated from full-spectrum solar absorptances were associated with temperature (fig. 4B) and aridity (fig. 4C). Interestingly, cooling benefits increased in a nonlinear fashion and were substantially higher on average at localities with extremely high temperatures and aridity—presumably to prevent horned larks from overheating and becoming dehydrated. Our modeling approach for estimating cooling benefits incorporates numerous parameters, such as direct and diffuse solar radiation, feather conductance, and radiation reflected from the ground (Gates 1980). Solar radiation includes both reflected light that is readily perceived by birds (300–700 nm; UV-VIS wavelengths) and near-infrared radiation (700–2,100 nm) that is invisible to vertebrates yet could play an important role in thermoregulation (Clusella Trullas et al. 2007; Stuart-Fox et al. 2017; Medina et al. 2018). NIR reflectance can differ considerably among coloration mechanisms (Shawkey et al. 2017), yet the extent to which NIR reflectance can vary independently from UV-VIS reflectance within and among different coloration mechanisms is not fully known. However, a recent study demonstrated pronounced differences in NIR reflectance among different white plumage patches of birds that correspond to differences in feather barb morphology and density (Stuart-Fox et al. 2018). This suggests that feather microstructure could play an important role in shaping reflectance at different wavelengths across the spectrum of solar radiation, with implications for how phenotypes balance competing pressures for camouflage and thermoregulation.

There are many other factors beyond modifications to solar reflectance in UV-VIS and NIR wavelengths that could contribute to the ability of horned larks to inhabit hot, arid environments (Trost 1972; Dean and Williams 2004). First, many arid-adapted larks have reduced metabolic rates and increased water retention through various physiological adaptations (Tieleman et al. 2002). Therefore, our study adds further support to the importance of conserving water in hot and arid environments. Second, behavioral adaptations also can reduce heat stress. For example, microhabitat selection, such as resting in shade or animal burrows during extreme heat, may contribute to thermoregulation in larks (Williams et al. 1999;

Hartman and Oring 2003; Walde et al. 2009). While horned larks are philopatric and stay close to their breeding territory during the breeding season (Beason 1970), they are generally nomadic during nonbreeding months and may seek out favorable habitat within reach of their individual movements to facilitate thermoregulation. Feather coloration and reflectance is one part of a complex suite of phenotypes involved in maintaining homeostasis in thermally challenging environments. The interplay of plumage and other physiological and behavioral adaptations for thermoregulation remains an open and exciting avenue of future research.

Balancing Camouflage and Thermoregulation

In addition to uncovering a general trend of background matching between horned larks and the substrate on which they exist, we identified certain individuals that had high residual plumage brightness—suggesting that they were either much lighter or darker than expected based on the environmental predictors included in our models. These residual values were associated with cooling costs (fig. 5), such that deviations from an optimal plumage brightness may be related to thermoregulatory pressures. This trend is illustrated by two subspecies on either extreme of our data set: *E. a. rubea*, which was darker than expected and occurs in the Sacramento Valley, and *E. a. leucansiptila*, which was lighter than expected and occurs in the Colorado Desert.

   These two populations differ in aspects of their life history that may in part explain the trade-off between camouflage and thermoregulation. Horned larks of the dark, red subspecies *E. a. rubea* (fig. 2) are resident in the hot Sacramento Valley, which has very clay-rich soil of a ruddy hue that is restricted geographically and is quite different from nearby soil conditions. As permanent residents, *E. a. rubea* may have as many as three broods per year (Behle 1942) and therefore spend more time breeding and caring for young than high-latitude, migratory populations of horned larks that only have sufficient time for a single brood (Verbeek 1967). We speculate that the highly localized soil conditions combined with the extended breeding season of larks in the Sacramento Valley may have promoted the evolution of darker, redder plumage than might otherwise be expected on the basis of climatic conditions alone. In this instance, camouflage may have evolved to promote survival during a prolonged breeding season at the expense of thermoregulation in a hot environment. At the other extreme, *E. a. leucansiptila* is the palest of the lark subspecies we measured (fig. 2) and is resident in the hottest and most arid region included in our study: the Colorado Desert. The soil composition of the Colorado Desert is variable and includes alluvial deposits from the Colorado

River, sand hills, salt flats, dry lake basins, and agricultural land. The exact number of broods and the corresponding length of the breeding season for *E. a. leucansiptila* is unknown, but we speculate that larks in the Colorado Desert are lighter than might be expected because of the extremely hot and arid weather conditions and the heterogeneity of the soil.

   Taken together, these examples suggest a trade-off between plumage and camouflage that is perhaps dictated by the degree and variation in environmental conditions combined with differences in life history traits. Similar phenomena may drive differences in coloration among other populations and species as well.

Temporal Considerations

Our study quantified associations between various contemporary environmental data sets and horned lark coloration phenotypes from museum specimens, the latter of which were collected across a large time span (1875–2002). We included older specimens for some populations and subspecies because of the limited sampling in certain regions. Thus, there is a potential temporal mismatch between the specimen data and the environmental conditions against which camouflage and thermoregulation are being quantified. Furthermore, there is evidence that horned lark plumage has shifted over contemporary timescales in response to rapid habitat change in certain populations (Mason and Unitt 2018). However, the goal of our study was to quantify phenotype-environment associations over broad evolutionary timescales that may have given rise to local adaptation in background matching among lark populations over many thousands or millions of years. As such, the phenotypic and environmental data sets were collected at roughly similar time points on an evolutionary timescale of many millennia. That said, horned larks are an excellent system for studying how populations respond to anthropogenic change, such as agriculture or climate change (Mason and Unitt 2018; Mason et al. 2021), and continued scientific collecting may provide opportunities to study how phenotype-environment associations may change in the future.

   Our phenotype-environment associations were generated from localities where the specimens were collected, thus representing a snapshot in the annual cycle of horned larks. Most lark populations are largely resident, but some populations that breed at higher latitudes or elevations are migrants that must thermoregulate and avoid visual detection in multiple environments and substrates that differ in color and composition. Adding to the complexity of this challenge, soil color may change over the course of a year as precipitation increases or decreases, especially in more seasonal environments. Adult horned larks molt only once per year (Pyle 1997), and thus migratory populations may need

to balance competing pressures for background matching and thermoregulation in different environmental conditions with the constraint of a single year-round plumage. Future studies could expand on our results by examining how natural selection balances potentially competing pressures—such as camouflage and thermoregulation—across dynamic annual cycles involving movement and seasonal change.

Conclusion

Our study uncovered empirical evidence for the multifaceted role that plumage plays in mediating both camouflage and thermoregulation in horned larks. Dorsal plumage coloration and patterning are associated with soil conditions and climate, while solar reflectance of plumage confers cooling benefits in hot and arid environments. We also observed evidence of a potential trade-off between camouflage and thermoregulation. Future studies could leverage these phenotype-environment associations in combination with genomic resources (e.g., Mason et al. 2020) to identify candidate loci driving these local adaptations. Furthermore, horned larks are one of approximately 100 species of larks (Alaudidae) globally that vary in plumage and habitat affiliations. Many other lark species exhibit similarly extensive geographic variation in coloration and presumably background matching, including interesting examples of both clinal and more discrete differences in plumage and habitat affinities (Donald et al. 2017). Phylogenetic comparative studies across the family would shed light on whether the patterns we found here are generalizable across broader taxonomic and evolutionary scales. Interactions between an organism's body surfaces and light from the sun are complex, and our study illustrates how natural selection has shaped the phenotypic variation across different habitats to meet potentially competing demands.

Acknowledgments

Statement of Authorship

Data and Code Availability

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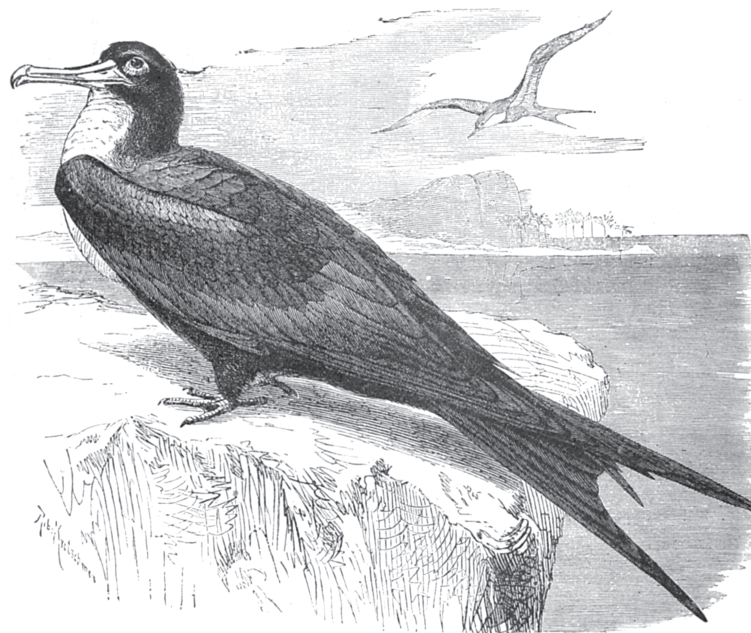
"The intruder was a frigate-bird, and on looking upwards a score of them could be seen a mile or more from the earth, floating round and round, on motionless wings." Figured: "The Frigate Bird." From "The Torture of the Fish-Hawk" by I. Lancaster (*The American Naturalist*, 1886, 20:223–230).